



Standard Itinerary

## 2D1N Mt. TRUSMADI CLIMBING PACKAGE

### Day 1: KOTA KINABALU –APIN-APIN, KENINGAU- PAGANDADAN RANGERS (Dinner)

Meet your driver in the designated hotel and then will transfer to Kapayan Recreation Resources(KRR) where all climbers will gather before proceed to the starting point in Apin- Apin, Keningau. Upon arrival to Apin-Apin Keningau, continue to register and double check the climbing permit and attend to a short safety briefing before start heading to the starting point base camp lead by the mountain guide. Estimated time taken shall be around 3- 4 hours depends on your pace. Along the way, stop by at the captivating Trusmadi Waterfall. Dinner will be served at the camp site and later overnight stay at the camp. *(Timing and places all depend on your schedule of arrival)*

### Day 2: BASE CAMP - SUMMIT-PAGANDADAN RANGERS - KOTA KINABALU (Breakfast, Lunch)

Wake up as early as 00:00 hrs to get ready for another 4-5 hours track. There are ladders, hand railing sand ropes to help you over the steeper parts. Along the climb, stop over to the Flower Garden before continue up to the summit. You reach the final destination at the summit of Trusmadi to catch the magnificent sunrise. Congratulations! Watching sunrise at the top has been described by travellers everywhere as a life-enriching experience. Then enjoy a well deserve breakfast before descend back to Base Camp for lunch. Later on, proceed to be transfer back to Kapayan Recreation Resources and continue back to Kota Kinabalu city. *(Timing and places all depend on your schedule of arrival)*



End of Service

**Borneo Holiday & Vehicles Rental Sdn Bhd** 759336-U KKKP5400

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**Package includes:**

*Accommodation in Pagandadan Rangers, Land Transfer, meals as mentioned, Entrance fees ,Certificates, Climbing Permit, Mountain Guide, Insurance.*

**Excludes:**

*Airfare, Personal Travel insurance, Personal Expenses, Driver & Guide Overtime Charges, Luggage storage, video/ camera fee(if apply), Porter Service, Tipping and items not stated.*

**Things to bring:**

*Suitable walking shoes, warm & suitable clothing, windbreaker, long sleeve jacket, changes of clothes, drinking water, energy bars, headache tablet, sunblock, lipbalm, heat lotion, plasters, insect repellent(if apply), camera, waterproof bag, torchlight, extra socks, towel, gloves, hat, tissue/ toilet rolls, own medication.*

**Special Remarks:**

*It is recommended that all climbers should have make a medical check up before attempting any mountain climbing activity. If you have any history of suffering from the following ailment, it is highly recommended that you should refrain from climbing : Hypertension, Diabetes, Palpitation, Arthritis, Heart Disease, Severe Anemia, Peptic Ulcers, Epileptic Fits, Obesity, Chronic Asthma, Muscular Cramps, Hepatitis(Jaundice); or any disease which hamper the climber.*

**Notes:**

- ✚ All prices quoted are in net MYR.
- ✚ Any deposit or payment made are not refundable.
- ✚ Other language speaking guide subject to additional charges and availability.
- ✚ Price are not include peak season charges.
- ✚ Tipping is not included.

***Thank you and hope to welcome you soon!***